

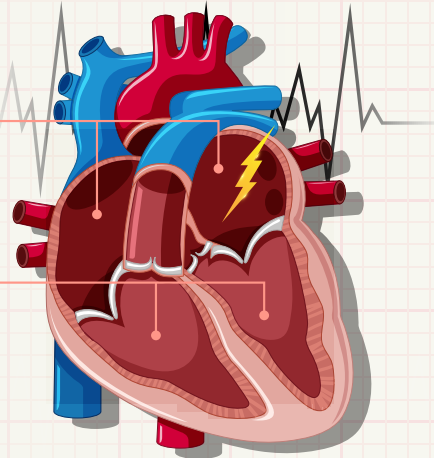
IMPACT OF ACUPUNCTURE ON THE EFFICACY OF CONVENTIONAL THERAPIES FOR ATRIAL FIBRILLATION

Atrial fibrillation (AF):

An irregular heart rhythm that originates in the upper chambers (atria) of the heart

Abnormally high rate of atrial contraction

Resulting in faster ventricular rate



AF is associated with serious complications like risk of stroke

Conventional treatment:

- Pharmaceuticals
- Catheter ablation surgery



Limited efficacy

Treatment of AF with acupuncture + conventional therapies vs. only conventional therapies

Based on a meta-analysis of 15 randomized controlled trials (2000–2023) involving 1960 patients with AF



Higher total clinical effective rate



Increased conversion rate of sinus rhythm



Shorter time to restore sinus rhythm



Reduced ventricular rate



No adverse reactions

Combining conventional therapies for AF with acupuncture can lead to enhanced patient outcomes, but more extensive studies are required.

